

SUNDAY LUNCH

AT THE LAMPROOM

Shining the light on local ingredients mixed with our Chef's secrets in the heart of Seaham

Served from 12pm

STARTERS

Cheesy Flatbread 🍷	3.35		
Garlic Mushrooms 🍷	5.95	Salt & Pepper Squid	6.95
Creamy garlic mushrooms, rocket, lightly toasted ciabatta, Parmesan		Lime mayo	
Pot of Mussels	9.15	Arancini Pomodoro 🍷	5.95
Fresh Scottish mussels, white wine sauce		Mozzarella & parmesan risotto balls, tomato & fresh basil sauce	

MAINS

Roast Beef	12.95	Trio of Meats	16.95
Roast Lamb	13.75	Beef, lamb, pork	
Roast Pork	12.95	Vegetarian (Nut Roast) 🍷	12.15
Roast Herbed Chicken	12.95	Please ask for today's choice	
Scampi	11.15	Children's	7.95
Minted mushy peas, tartar sauce triple cooked chips, slice of lemon		Cauliflower & Broccoli Cheese	2.95
		Extra Yorkshire Pudding	1.15

All beef, lamb, pork and chicken are served from North East farms

SANDWICHES

Freshly baked ciabattas, flatbreads, sourdough, focaccia, baguettes *All sandwiches served with a rocket, tomato, red onion, balsamic salad, slaw

Chicken Kiev	10.75	Crab & Cheddar Cheese Toastie	12.15	Goats Cheese Focaccia 🍷	10.15
Garlic ciabatta, chicken breast, garlic aioli, chilli jam, rocket, Parmesan shavings		Fresh crab, cheese, crab mayo, lemon & garlic butter sauce, thick cut sourdough		Grilled goats cheese, roast peppers, sweet potato fries, hummus, pink onions, roast pepper dressing	
Peppercorn Steak	11.95	Hot Beef Baguette	10.25	B. L. T	11.25
Grilled rump steak, peppercorn sauce, balsamic onion jam, rocket, Swiss cheese, lightly toasted ciabatta		Freshly baked crispy baguette roast beef, gravy		Layers of toasted rosemary focaccia, grilled chicken, bacon, tomato, shredded lettuce, herb mayo	

SALADS

Surf & Turf Salad	14.95
Rump Steak cooked to your liking, King prawns, mixed salad leaf, balsamic & chive dressing	
Salmon, Avocado & Pesto Salad	13.95
Mixed leaf, new potatoes, avocado, pesto, cherry tomatoes	
Chicken Caesar Salad	11.95
Crispy romaine lettuce, croutons, grilled chicken, parmesan, Caesar salad dressing	
Goats Cheese Salad 🍷	12.95
Grilled goats cheese, fresh beetroot, pomegranate balsamic dressing, rocket salad, pink onions	

SIDES

Triple cooked chips or skinny fries	4.15
Sweet potato hand cut chips	4.75
Halloumi fries (chilli jam dip)	5.95
Dirty Fries	
Salt & pepper	4.35
Bacon / crispy onion / Swiss cheese	5.75
Pulled pork & Swiss cheese	6.45
Beef Birria	6.45
Crispy onion rings	2.95
Slaw	1.95
Canarian Potatoes	4.95
Sea salt crusted new potatoes, green & red mojo sauce, garlic aioli	
Dip Pots (each)	95p
Garlic mayo, sweet chilli, chilli jam,	

FOOD ALLERGIES AND INTOLERANCES If you suffer from an allergy or food intolerance please let us know before ordering, so we can advise you. Our kitchen is not a nut or allergen free environment. Some dishes may vary slightly depending on availability as we aim to source the majority of our produce fresh, seasonal & local.

🌱 VEGAN 🍷 VEGETARIAN 🍷 GLUTEN FREE

SCAN FOR ALLERGENS

